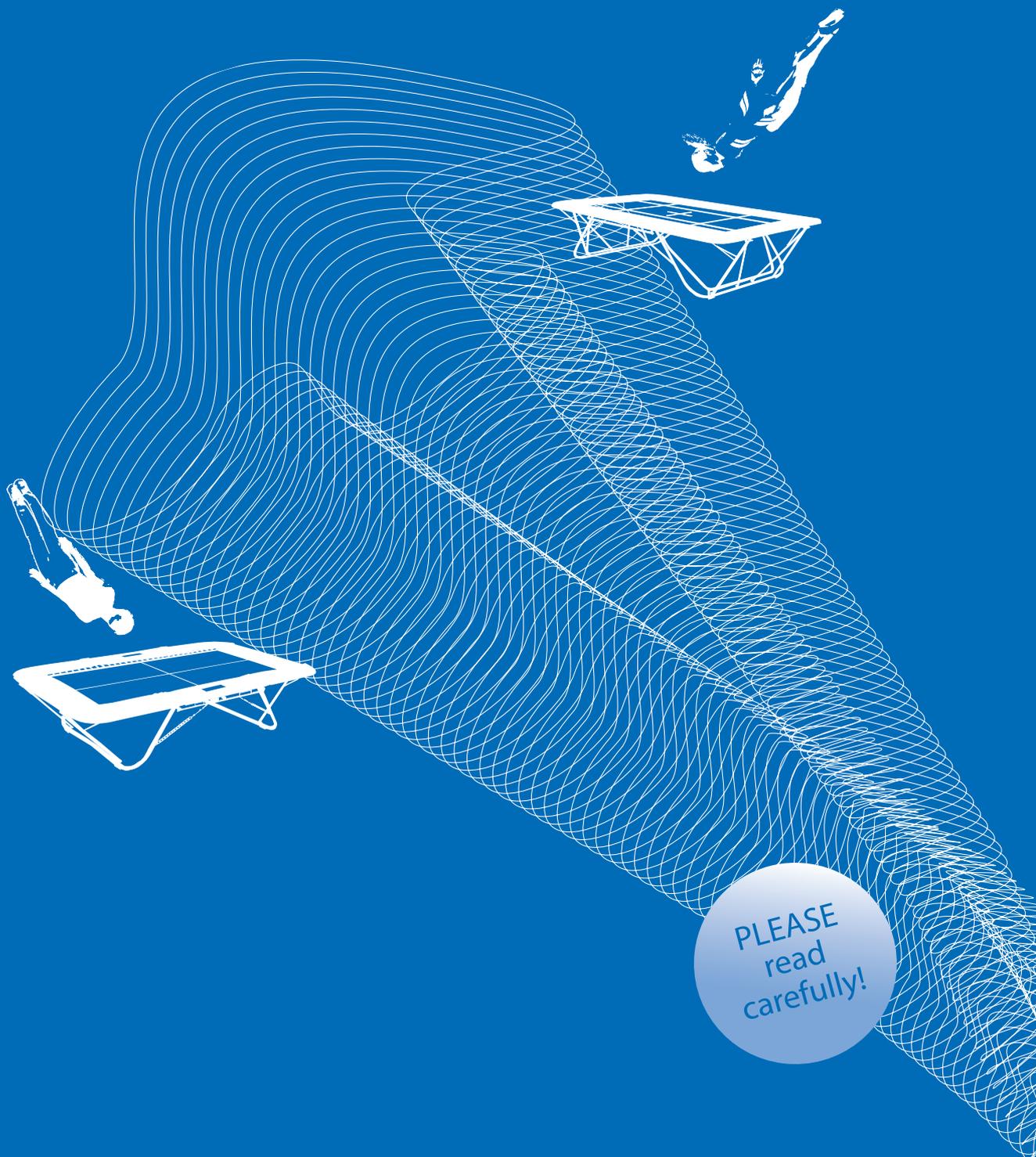




Produkt- und Serviceinformationen
Product and service information



PLEASE
read
carefully!



Your safety – our concern

Dear trampoline user,

Trampolining is a fascinating experience for children, teenagers and adults. Hardly any other piece of sports equipment holds such magical fascination for people of all ages.

If correctly carried out, trampolining enhances the musculature, the circulation, the entire musculoskeletal system as well as the coordination capabilities of the jumper in diverse ways. For this reason, the various types of trampoline are used not only as competitive and sports equipment, but also very often as a piece of fun equipment both in the commercial leisure sector as well as the private sector.

The range of users therefore extends from professionally trained top sportsmen and women to school sports through to therapy, general sportsmen and women to unpractised novices. This means that user guidelines and safety regulations for trampolines should and must cover the entire range of possible uses as well as the specific characteristics of the individual device types. Therefore you are sure to find points in the subsequent detailed description which do not apply or which are hardly applicable for a particular user or device type.

As with most sporting activities, handling and using trampolines does involve possible risks. It is our objective to give preventive clarification of possible risks to the operators and users of trampolines, and to provide them in advance with instructions on sensible handling of this sporting equipment. Such risk prevention measures help to minimise risks for users and operators and play a major role in safety when using the trampoline.

Therefore, please regard these instructions as supporting documentation. As with all clarifications, the success of such preventive rules depends on the readiness of the user to comply with them. It has become clear to us that the most detailed book of rules and regulations cannot replace the personal responsibility of each individual.

Weilheim-Teck

Dennis Hack and Johannes Maier
Eurotramp Management Board

Safety rules for the use of trampolines

This document is for all those who coach/teach and participate in trampolining.

Trampolining is potentially dangerous. The purpose of this document is to help both participants and coaches operate safely. It is recommended that all equipment is inspected annually.

General

1. Trampolining should always be supervised by a qualified coach/teacher.
2. The coach or organiser is responsible for assessing the suitability of the environment.
3. Coaches/Teachers should be aware of the emergency procedures for trampolining at the facility.
4. When using more than one trampoline, coaches should carefully assess the following:
 - a) The age, experience, varying abilities, number and discipline of the participants
 - b) Their own qualifications and experience
 - c) Their ability to observe, advise, support and respond to the difficulties of anyone in the trampolining area.
5. It is the responsibility of the coach to ensure that the person sliding in the push in mat, both in training and competition, if not a qualified coach, is trained, experienced, familiar with the performer and of sufficient maturity.

The Coach/Teacher duties

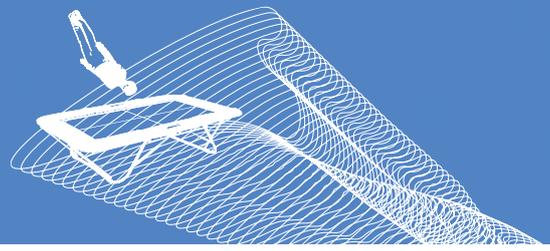
1. Warn participants of the potential danger and give guidelines for safe practice.
2. Check evidence that pupils are fit to participate particularly after illness or injury.
3. Check that pupils wear suitable sports clothing; suitable non-slip footwear (trampoline shoes or non-slip socks) if possibility of toes going through the webbing.
4. Check that jewellery (including that associated with body piercings), watches etc have been removed.
5. Check that hair is tied back and nails are trimmed.
6. Ensure that drinks and food are kept well away from the trampoline area.
7. Ensure no one goes underneath the trampoline, especially small children.
8. Only teach new skills after assessing the readiness of the pupil by observing ability, confidence, and background experience.

9. Warn pupils of the extra rebound when changing to a more powerful bed and allow a period of acclimatisation.
10. Only experienced, trained pupils of similar size should be allowed to double bounce.
11. Prevent fooling around and jumping from the trampoline to the floor. Discourage jumping other than in the centre of the bed.
12. Pupils should be instructed to climb on and off the trampoline with the stomach facing the trampoline. Very small children can be assisted by a suitable padded, stable platform at the side of the trampoline.

The Trampolinist/Pupil

1. Always inform the coach/teacher of any medical condition or medication, which could affect performance.
2. Always inform the coach/teacher of any accident in the last 6 months which resulted in unconsciousness from a blow to the head.
3. Use the trampoline only when a coach/teacher is present and has given permission.
4. Wear sports clothing and non-slip footwear, tie hair back and keep nails short.
5. Pay attention when spotting.
6. Be attentive to the coach/teacher and attempt new skills only after progressive training and permission.
7. Avoid going under or swinging under the trampoline or end-decks.
8. Avoid getting involved in „tests of daring“.
9. Avoid stepping on the bed when someone else is bouncing.





Assembly instructions for Eurotramp trampolines

Only qualified and experienced personnel should fold and unfold this equipment. Before unfolding and folding the trampoline study the instructions and illustrations provided carefully. Before use always inspect the trampoline for loose fittings or damage. Replace any worn, defective or missing part.

The trampoline should only be used under the supervision of a qualified instructor and with the necessary safety precautions in place. Any use without proper supervision could be dangerous and should not be undertaken or permitted.

The space where the trampoline is to be erected should be free from any obstructions around or above the trampoline. A minimum height of 5 m for recreational trampolining and 8 m for competitive trampolining is recommended (this may change to 10 m).

The trampoline must be sited away from any projectiles such as balls, shuttlecocks, etc. and in such a position that light from windows or lights does not dazzle the performer or spotters. When moving the trampoline on its wheels pull or push the trampoline using the frame only and not the roller stands (*Fig. 1*) as this can cause the roller stands to come away from the frame. The wheels must move freely and nothing should impede their free movement.

Unfolding and folding the trampoline should be undertaken by two trained persons as it is a very heavy piece of equipment.

If your trampoline is fitted with conventional lifting roller stands and has been stored in the low position raise the trampoline by rotating the lifting roller stand arm 180 degrees. This is achieved by holding the T bar, pulling out the red knob and rotating the upper bar to vertical and re-locating the red knob assembly (*Fig. 2–3*).



Figure 1



Figure 2

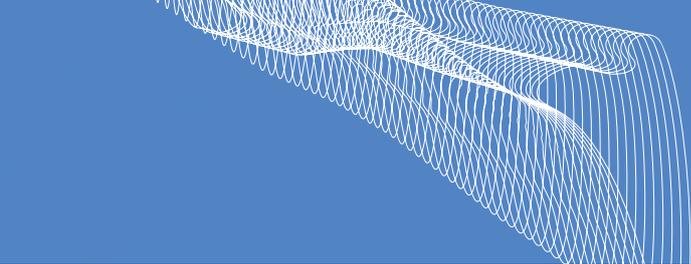


Figure 3

If the trampoline is equipped with the new lifting roller stands “Safe & Comfort” you can easily pump it up to the height you need it to be. If you later want to lower the trampoline again just push the foot pedal heavily and the trampoline will go down to the height you need it to be. If the trampoline has standard roller stands it will already be in the correct position for unfolding.

Unfold the legs and rotate the trampoline until the bed is horizontal and the leg sections are on the floor. Ensure the chains are not slack (Grandmaster and Master models). For the Exclusiv models attach the chain ensuring the chain is not twisted, pull the chain out straight and ensure all the links are aligned before clipping it into place, as this will cause the bottle screw to unwind causing the legs to splay out (Fig. 4 – 9).



Figure 4



Figure 5



Figure 6

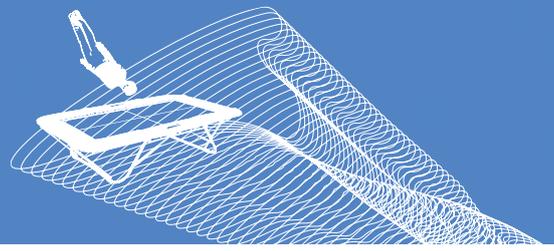


Figure 7



Figure 8



Figure 9

Lower the trampoline. Rotate the lifting roller stand arm 180 degrees by holding the T bar, pulling out the red knob and rotating the upper bar to vertical fig and re locating the red knob assembly (Fig. 10 and 11).



Figure 10

If your trampoline is equipped with the new lifting roller stands “Safe & Comfort”, you can easily lower it by pushing the foot pedal heavily.



Figure 11

Should the trampoline have standard roller stands, take the weight of the trampoline at one end ensure that you lift with a flat back lifting with the legs and remove the roller stand.

Remove the (lifting) roller stands to a safe place away from the trampoline area so as not to cause an obstruction preferably in a store cupboard and laid down, not stood against a wall.

Unfold one end of the trampoline at a time. Lift the end to vertical, step round and lower it slowly. Do not allow it to build up momentum (Fig. 12 – 14).



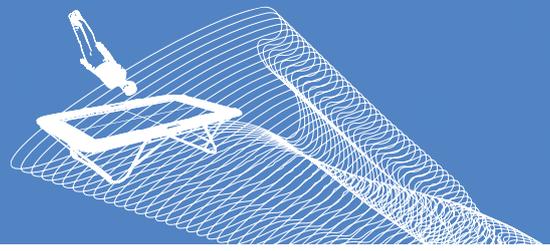
Figure 12



Figure 13



Figure 14



Ensure that the leg braces are put into place. On a Premium trampoline the larger braces are inserted first followed by the smaller ones (Fig. 15).



Figure 15

The second end of the trampoline to be unfolded is under tension. Lift to vertical, whilst keeping hold of it step around and slowly pull down against the tension until the end is level, excess force pressing down when the end is level can cause damage to the hinge section. Insert leg braces as previously (Fig. 16 and 17).



Figure 16



Figure 17

To prevent damage to the frame pads, Eurotramp provides a removal pad section over the hinges, this must now be folded into place (Fig. 18). Check the coverall pads are in good order and secured in place and that there are no rips and tears, all pads should be supported across the corners of the frame.



Figure 18

Ensure all the springs are in good condition and that the hooks are pointing downwards both on the bed and on the frame.

Check that the stitching on the bed is intact, the fabric is not frayed or broken and the anchor bars are all in place and not damaged.

The outer frame should be straight and no bowing, this can be caused by dropping the ends of the trampoline. Periodically check and tighten all Allen screws use the Allen key supplied with your trampoline. Eurotramp trampolines are fitted with a grease nipple which allows the user to put a small amount of grease on the hinge every 6 months or so thus lengthening the amount of time between servicing.

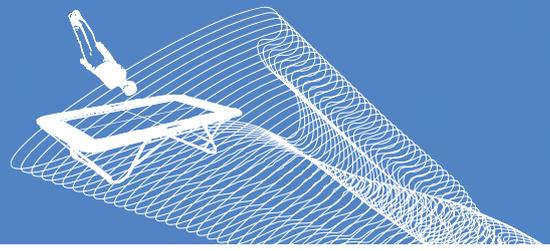


Figure 19

Suitable end safety platforms should now be attached and appropriate safety matting placed on top and secured. When folding away the trampoline remember that when removing the leg braces from the first end of the trampoline it is under tension, therefore as the end is lifted hold tightly until this is vertical. Step around and lower the end ensuring the elbows are kept clear of the frame and no other person is likely to be crushed by the end coming over (Fig. 19 and 20).



Figure 20



The second end has no tension. After removing the leg braces the end has to be lifted to vertical. Step around and lower down without getting the elbows trapped (Fig. 21).



Figure 21

Insert the lifting roller stands ensuring that the safety-retaining bar is in place. Pull out the red knob and rotate the T bar through 180 degrees, relocate the red knob (the same as for raising the trampoline from its lowered position above) (Fig. 22).

If the trampoline is equipped with the new lifting roller stands "Safe & Comfort" you just have to pump the roller stands to the height you need in order to fix them at the trampoline frame.



Figure 22

Repeat on the other side. The trampoline is now ready to be rotated to the completely folded position. If the trampoline has standard roller stands insert the roller stand at angle. Hold the end of the trampoline where no metal can be felt and lift the trampoline correctly keeping the back flat and lifting with the legs. This should be done slowly so that the roller stands do not swing through past the vertical position but take the weight of the trampoline on the wheels. The trampoline should be folded by pushing it away from the body, never pull it towards you (Fig 23 – 24).



Figure 23



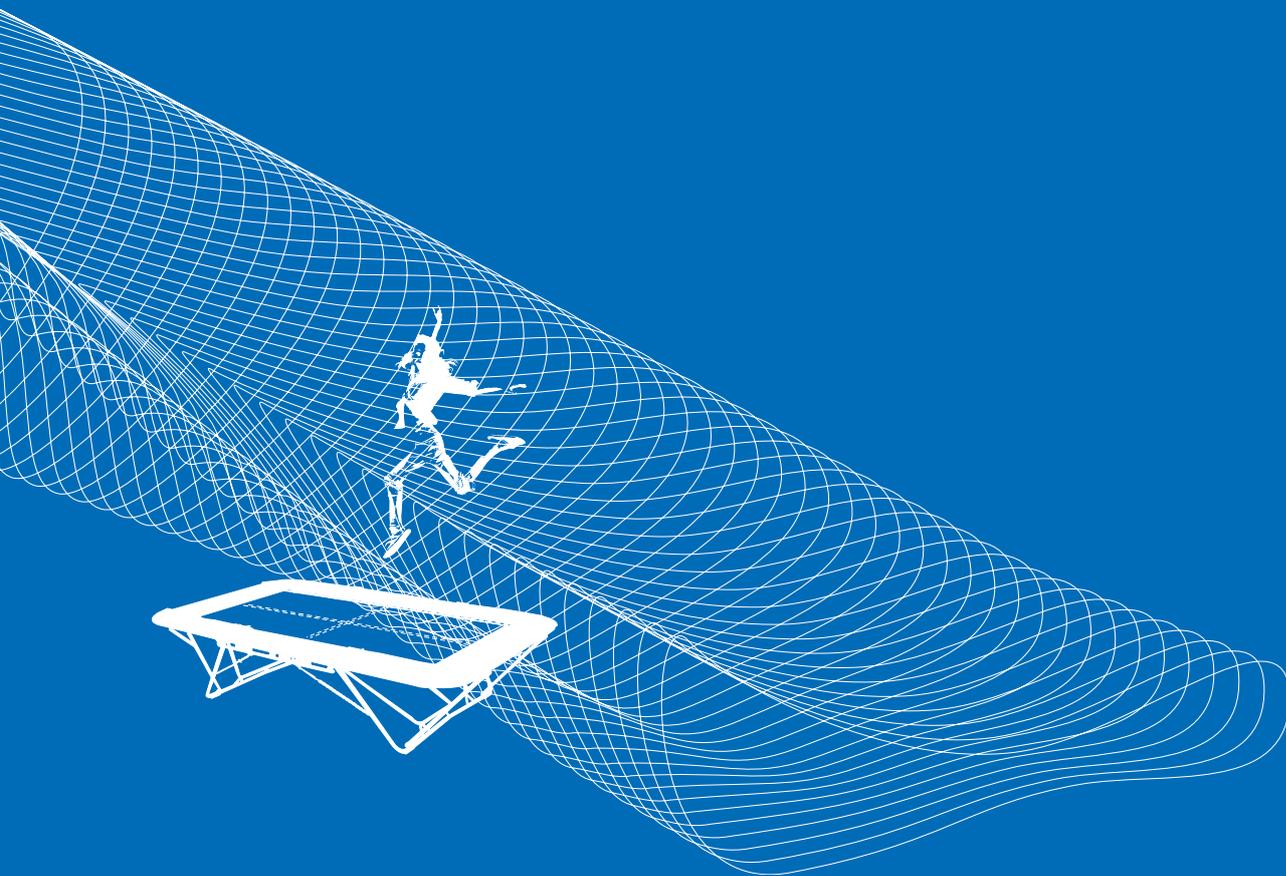
Figure 24

The trampoline can now be rotated to the vertical position; the lower legs should be lifted up against the trampoline with the upper leg folded in on top to prevent the lower leg from falling out (Fig 25).

Lifting roller stands allow the trampoline to be lowered when folded for it pass through a normal 2m door.



Figure 25



KÜBLER
SPORT

SERVICE: +49(0) 71 91/95 70-0
TELEFAX: +49(0) 71 91/95 70-10
INTERNET: www.kuebler-sport.com
E-MAIL: export@kuebler-sport.de

For further information or individual quotations please contact our sales team from Monday to Friday from 7 to 18 o'clock. You can contact us by phone, e-mail, fax or internet. We are looking forward to hearing from you.