

Cherry pit pillow

The cherry pit is one of the most known Household remedies for the contribution of heat. It can be warmed very well and can save the heat for a long period of time. The pillow also finds its use in the area of gymnastics and Orthopaedics, but also it can be used as cold application. It is possible to heat the pillow in the oven or in the microwave. For the cold application it is enough to put it in the freezer. Please refer to the user manuals. Made of 100% cotton. Colour: red.



For heating we recommend:

- In the oven at 150° approx. 8min.
- In the microwave approx. 1,5min. at 600 Watt.
- Further warming in steps of 15sec.
- **Do not put it on the grid !**
- Attention: Fire risk in case of overheating.
- Moisten before heating.

Models:

- T3030 19 x 19 cm
- T3031 30 x 20 cm

Usage possibilities:

Cold compress:

- Store it in the freezer (in a plastic back).

Internal medicin:

- Warmed in case of bowl disorders
- In case of bronchitis (expectorant)
- Cooled in case of venous inflammations and headaches.
- For relaxation and better circulation.

Traumatology:

- As cold compress decongestant, decongestive
- after joint and soft tissue injuries.

Orthopaedy:

- For massage in case of tissues.
- Muscle relaxing effect if applied warm.
- As cold compress in case of joint inflammations
- For hand and foot gymnastic.

Gynaecology:

- For the preparation of childbirth and involution gymnastics.
- As labour pains benefiting help at birth.
- Heated in case of gynaecological back pains.
- Cooled in case of breast infammations.

Neurology:

- Circulation benefiting.
- Improvement of the surface sensibility.
- For balance and coordination training.

Psychomtotoric:

- Improvement of the spatial orientation.

Gymnastic:

- For hand and foot gymnastic
- As pad in neck-/back area in case of chonical tensions.



Cherry pit pillows have an inherent smell at the beginning, which develop while heating. This disappear after a while.

We hope, our tips will help you and we wish you a lot of fun and health with the cherry pit pillow. If there is any question do not hesitate to contact us.

COMPETENT AND RELIABLE!

For further information or individual quotations please contact our sales team from Monday to Friday from 7 to 18 o'clock. You can contact us by phone, e-mail, fax or internet. We are looking forward to hearing from you.

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