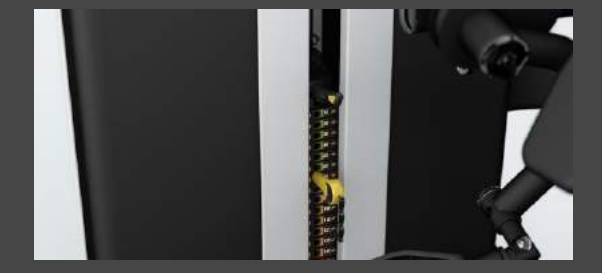# M250 | **ABDUCTOR /ADDUCTOR**



**INTERMEDIATE LOADS.** *A very simple movement with a finger is enough in order to activate intermediate loads (+2,5Kg)*



**SUPPORT FOR LEGS.** *This piece is made in 3 different parts in order to offer the biggest confort*



**LATERAL GRIPS**



| ABDUCTOR / ADDUCTOR | |
|---|---|
| | M250 |
| Height (cm) | 149 |
| Width (cm) | 150 |
| Lenght (cm) | 173,6 |
| Weight (Kg) | 165,8 |
| Maximum Load | 77,5Kg (136Kg opt.) |
| Chassis | Steel ST-34/40 |
| Transmission | 5mm braided steel and drive belt |
| Maximum user weight (kg) | 190Kg |
| Independent movement for each leg | Yes |
| Dual movement | Yes |
| Visual scale with indicators for charge level | Yes |
| Magnetic weight plate selector | Yes |
| 8.8 quality screws with zinc plated treatment | Yes |
| Intermediate loads with just one movement | Yes |
| Two-color upholstery | Yes |
| Setting elements are bright contrasting yellow | Yes |
| Tray for personal belongings in the upper side | Yes |
| Anti-slip handles | Yes |
| Rubber feeling handles | Yes |
| Full connectivity | Yes |

**BH**FITNESS

# TECHNICAL SPECS – ABDUCTOR / ADDUCTOR

- **Lateral grips**.
- **The support for legs is made in three pieces in order to offer the biggest confort**
- **Independent movement of each leg**

- Injected core fireproof seat. Unlike the classic foam padded particle boards, the injected core offers the advantage of uniformity, anti-distortion and greater anti-bacterial protection. With M2 certificate.
- Vertical aluminum profile on the four sides of the tower that stylizes the image of the machine and provides greater durability
- The covers on the weight stack tower are made from ABS.
- The pieces at the bottom and the top of the tower are injected in ABS
- Customization possibilities:



## CONNECTED DISPLAY

-High resolution 11" screen (HD/4K)
- RFID for an easy login. The user will be able to access their historical workouts in an easy way.
-After log-in the screen proposes the exercises to the user automatically
- Multimedia content incorporated. Each machine incorporate videos to know the best execution technique of each exercise which is added to the information provided by the graphic panels.
-Connected on cloud. Together with the cardio, connected strength provides the full control of the fitness room, completes tracking of the customers on their journey, health management, real monitorization of muscles development, etc. And it's integrable with any software.
 -Precision sensors for the control of technical information such as repetitions, weight or sets. Thanks to an accurate sensorization system of the equipment, only the correctly done repetitions will be validated.