

EC1000 | **CROSSTRAINER**

MOVEMIA



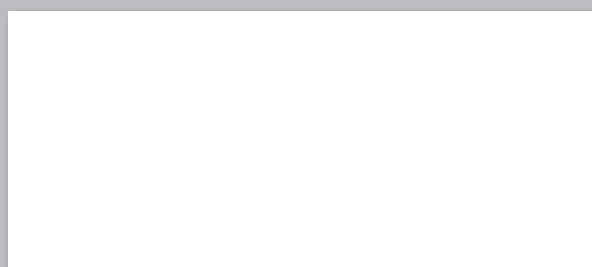
MATERIAL. Steel meets polyurethane, creating areas of high visual impact.



STABILITY. The V-shape of its lower frame makes it the most stable crosstrainer of its range.



CONSOLE. LED MONITOR



CENTRAL DRIVE CROSSTRAINER	
EC1000	
Height (cm)	162
Width (cm)	96
Length (cm)	161
Weight (Kg)	155
Transmission	Poly-V belt
Stride length	52cm
Distance between pedals	20cm
Double movement	Yes
Rear V-Shape Stability System	Yes
Max. user weight (kg)	190
Quick Trail Controls	Yes
Oversized pedals	Yes
Heartrate sensors in the handlebar	Yes
Wireless heartrate measuring	Yes
Double handlebar	Yes
Bottleholder	2x
Transport wheels	Yes
Adjustable supports	Yes
Reinforced structure (3mm)	Yes

SPECIFICATIONS - ELLIPTICAL MOVEMIA (EC1000)

- **Electromagnetic brake system with generator. Maximum reliability and precision. No need for electric mains except for the monitor. Touch sensitive monitor. It is easier to clean and more intuitive for a quick start by the user.**
- **25 resistance levels**
- Minimum distance between pedals, for a correct and natural body position during exercise, minimizing stress at the lumbar area.
- Thanks to 2 handlebars, the arms work together simultaneously with the legs, **providing a full-body exercise.**
- **Front Drive:** The system allows a better performance on the machine. The access is easier for any kind of user without any risk.



LED DISPLAY

- DOT MATRIX screen with top LED window that graphically displays the progress of the exercise. The bottom alphanumeric display gives the user instructions before and during the exercise. The 4 LED windows at the very bottom simultaneously show information for Speed, Time/Distance, Calories/Tilt and Pulse rate.
- **Quick Start possibility**
- USB port.